

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Adolf Eugene Prinsloo

Has successfully participated & completed the

10km Prestige Trail Run Series #4 - Grand Finale

held at Kaia Manzi.

**TIME** 00:56:10

**PACE** 05:36/km

**OVERALL** 19 of 180

**GENDER** 15 of 74

**OPEN** 8 of 43

29 September 2019, Sun

Date



Bout Time
Signature